Pinarc Parent Information Sessions and Support Groups

Centrelink Information for families of children with disabilities

Presented by James Everard of Centrelink Ballarat.
Monday 18th of April, 6.45pm - 8.30pm
Pinarc Disability Support, 1828 Sturt St Alfredton
A DVD for children will be showing in another room with supervision by Pinarc Recreation staff for families unable to find childcare for that evening. Please confirm numbers at time of registration.
Register at Pinarc Reception: Ph: 5329 1300
Email: Admin@pinarc.org.au

Pinarc Free NDIS Pre-Planning Information Sessions.

- Learn about the steps you need to take
- Receive Handbooks to guide you through the process
- Speak directly to a Pinarc Planner who can answer your questions.

Ballarat - 1828 Sturt Street Alfredton
Wednesday 27th April, 7.30-8.30pm.
Tuesday 10th of May, 9.30am.

Other locations
- Bacchus Marsh, Thursday 21st April 10.00am
- Daylesford, Thursday 28th April, 10.00am
- Bannockburn, Monday 2nd May, 7.00pm
- Bannockburn, Tuesday 3rd May, 10.00am
- Creswick, Thursday 5 May, 10.00am
- Ararat, Tuesday 10th May, 11.00am

Phone Pinarc on 5329 1300 to book your place.

Individual Pre-Planning Sessions.

- Meet with a qualified and experienced Pinarc planner
- Identify the supports you are receiving now and any additional support you need.
- Prepare your participant or carer statement
- Learn about the language the NDIS uses

Book a time to suit you. Phone Pinarc Central Intake: 53291398

Ballarat MyTime group
This group is for parents and carers of young children with disabilities or chronic illness. MyTime sessions provide opportunities to connect with others whilst an experienced Play Helper provides activities for children who attend. My Time runs at Pinarc, 1828 Sturt St, 10am - 12pm on alternate Wednesdays during school terms.
April topics:
- 13 April - Bedtime and sleep issues
- 27 April - NDIS update

Ballarat Autism Parent Connection
This social group meets at The Robin Hood Hotel, 33 Peel St Nth, Ballarat on the second or third Monday of the month, 10am – 12pm. The next meeting will be Monday 16th May at 10am. New members always welcome.

ADHD/ADD/ODD Parent Connection
This social group meets on the fourth Tuesday of the month. The next meeting for this group will be Tuesday April 26th, 10am at Ballarat Yacht Club. New members more than welcome.

Blokes Brigade
This is a group for fathers of children with disabilities. New members welcome.
Contact: Matthew Smith Ph: 0497 587 285, blokesbrigade@hotmail.com

Down Syndrome Parent Support Group
The Ballarat Down Syndrome Support Group meet regularly for a meal or a coffee. Contact Wendy on charingal.park@bigpond.com for more information.